5 Simple Ways to create a Rustic Holiday Table... pg 12

Cherishing the Importance of Holiday Traditions... pg 49
We are so very pleased to participate in the continued support of Kids Help Phone, a community service that has proven itself for over two decades to be a truly invaluable connection for young people.

May the holidays and the coming New Year bring many joys to you and your family.

Our Warmest Wishes,

Sue Johnson & Sarah Thompson

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5 Simple Ways to Create a Rustic Holiday Table

PLANNING A HOLIDAY DINNER PARTY AND NEED DECORATING IDEAS? WE’VE GOT YOU COVERED. HERE ARE SOME TIPS FROM THE EXPERTS AT PEDERSEN’S PARTY RENTAL ON CREATING THE PERFECT HOLIDAY TABLE.

1. **Add some fruit!** Apples are festive and a great way to add a pop of color to your table. Write your guests’ names on them with chalk markers to create perfect place cards.

2. **Use Wood Slice Chargers** to create a cozy, cabin-like feel. Pair them with white plates to make them pop.

3. **Incorporate some holiday warmth into your place settings** with **warm metals** like copper flatware.

4. **Create a centerpiece** full of greenery, antlers and berries.

5. **Place a rolled green napkin** on each plate to tie the entire design together.

For more decor inspiration, check out [christopherdesign.com](http://christopherdesign.com)

BY MAANSI PANDEY

JANIS NICOLAY

CREATIVE DIRECTOR

10]

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For more decor inspiration, check out [christopherdesign.com](http://christopherdesign.com)
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Our Homes for the Holidays team – committee, home-owners, designers, retail sponsors, florists, the always able Kids Help Phone staff, and countless volunteers are privileged to give back to the community at this special time of year.

Our 14th Annual Homes for the Holidays has six distinct homes sensationally decorated for the holidays, certain to inspire and evoke holiday cheer. Themes ranging from glitter and sparkle to cool and sophisticated will inspire with holiday decorating tips and ideas, as well as provide sources where you can purchase many of the items seen in the homes.

We invite you to come explore the endless décor possibilities for your holiday decorating and thus provide the following Home Guide as a sneak peak of what you will encounter on the tour.

The holidays are a happy time – but not for everyone. Sadly, Kids Help Phone sees an increase in help Phone staff, and countless volunteers are privileged to give back to the community at this special time of year.

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Imagine the year 1912 as you approach this fully restored 106 year-old traditional farmhouse. The rocking chairs welcome you onto the tranquil front porch where a glimpse of the Christmas elegance that awaits you can be seen through the original bevelled glass windows.

Once inside the festive foyer, you’re greeted by the unconventional Christmas palette of orange and chartreuse. The holiday colour scheme complements the classic neutral range throughout the house.

Mary Kelava of Orchard Lane Floral Design has set the stage for a glamorous dinner with a spectacularly layered centerpiece in a vintage silver punch bowl, while the antique Arts & Crafts style buffet holds a grand finale of traditional Christmas desserts.

Make sure to take special notice of the custom made architectural gingerbread house in the kitchen, generously provided by the baking genius, Lucie Radcliffe of Lucie Bakes.

With cozy items from Indigo, the bedrooms are perfectly dressed for the season in restful wintry hues, letting Santa know that all are dreaming of a white Christmas.

To keep the Christmas “spirit” going, the handsome oak wine cellar is party-ready! Take a peek inside the temperature-controlled room before stepping outside and returning to 2018!

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Holiday Joy at Southlands

Like visiting your relatives during the holidays, prepare your hearts to be full of wonder.

Inspired by the essence of a bonfire, there is something beautiful and vibrant about crackling wood and glowing ember that brings everyone together to celebrate those quirky traditions.

Open the front door to enter a cozy and luxurious place for family and friends to gather to reminisce the past, cherish the present company and look forward to future festivities.

Curated and placed with purpose, the fireplace in the home is spiced with layers of chocolate tones and satin brass finishes. A glow that energizes you while you walk through the rest of the home and gives the feeling of the joyous warmth of a festive drink.

The nostalgic scents of cinnamon and cider starts in the kitchen and permeates from room to room, paving a path for your senses.

The handsome railing is cascading with decadent decor, which is intertwined with botanical arrangements completed in partnership with the charming team from Granville Island Florist.

There is an excitement of going up and down the stairs that brings you back to those Christmas and holiday mornings.

Wander into the dining room and you’ll be greeted with elegance and unique details to enjoy a festive meal. A statement chandelier lights up the space, coupled with unique wall panels, ceiling details, and beautiful wallpaper.

The festive charm paired with thoughtfully placed décor provided by Urban Barn is sure to make a statement that lasts beyond the holidays.

DECORATED BY
Karin Bohn, House of Bohn

SUPPLIED BY:
Granville Island Florist
Urban Barn
JRNL Studio
Pottery Barn Kids
Pedersen’s Event Rental
Hunters Garden Centre

Kids Help Phone is a trusted ally.
Hundreds of young people reach out to us from every corner of the country every day and have been doing so for over 29 years.
Holiday by the Park

Snow is falling from the pine boughs in the park across the way and a festive display of a white and green designer décor greets you as you walk through the front door. Enter into this park side, newly built, very unique custom home. The start of your multi-room, Home for the Holidays, Christmas display begins in the living room complete with a roaring fire, stockings hanging from the mantel, and a freshly cut tree generously provided by Hunters Garden Centre. Traditional décor paired with vintage ornaments and charming holiday vignettes set the mood for the holiday season.

As you move into the kitchen, the heart of the home, you will be transported into a more modern spin on the holiday season; an oversize marble island will be decked out with fresh seasonal flowers beautifully arranged by Studio Full Bloom, holiday treats and a vintage china display. Surround yourself with holiday silver, mercury glass and glowing candles generously provided by Kerrisdale Lumber.

Silver and white Christmas trees bedecked with twinkling lights and hand wrapped gifts adorn the upper landing and will lead you to bedrooms with their own distinct personalities; cozy comfortable furnishings for long winter nights featuring a tasteful mix of vintage and modern décor.

As you exit the home through the lower level, basement suite take time to enjoy the outdoor area complete with a designer firepit for those cool winter days. Think of warming yourself by the fire enveloped in a luxurious blanket and toasting the holidays with a cup of hot chocolate and roasted marshmallows.

Working on this home will be a treat and we can’t wait to fill it with festive cheer!

DESIGNED AND DECORATED BY
Kendall Ansell, Kendall Ansell Interiors

SUPPLIED BY:
Studio Full Bloom
Kerrisdale Lumber
Hunters Garden Centre
Charming Afternoon Tea

Walk past the rows of lavender to a flagstone path crisscrossed with tiny white star flowers. You’ll be inclined to pause at the entrance of this gorgeous English Tudor home to comment on the beauty of the front door with its lion’s head knocker.

Be prepared to take in the warm atmosphere even before the door opens. Allow yourself to pause at the staircase with its cascading boughs and bows welcoming you inside. This home marries modern style and traditional class with exquisite taste and detail. Christmas lives here in all its splendor with uniquely decorated trees resplendent in tartans and family treasures lovingly collected throughout the years. Remember to breathe in and enjoy the many stunning floral decorations that punctuate each room.

Designer, Kelly Gibson, and the talented, creative team of The Flower Factory working with the generous decor contributions from Bed Bath & Beyond hope to wow you in this gorgeous home!

Twinkling lights and the scent of pine cones abound as you explore the main level with its English style kitchen conservatory. The table is set for dinner fit for a Queen! The warmth of the sitting room begs you to sit and observe the beauty of the Christmas tree, but curiosity moves you to the flickering flames beyond the glass pane doors. Alas, the outdoor living room with its warm throws and cozy chairs and a table perfectly set for Afternoon Tea. A classic feel with a hint of glamour will make this home a true ‘Home for the Holidays’.

DECORATED BY
Kelly Gibson, Kelly Gibson Homes

SUPPLIED BY:
The Flower Factory
Bed Bath & Beyond
Christmas at Hycroft
– on behalf of Hycroft Heritage Preservation Foundation
Hunters Garden Centre

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Young people can access our service no matter where they are or what time it is.
TRISH KNIGHT

Visions of Sugar Plums

As you pass through the wrought iron gates, the soft crunch of French gravel under foot and the sound of the bubbling fountain will transport your mind to an idyllic European holiday. But make no mistake; you have arrived in West Vancouver for its inaugural Homes for the Holidays tour!

The grand entrance of this limestone clad home is draped in long boughs of dark wintery greens trailing to the ground, defining your path and beckoning you in.

Once inside you will be struck by the gorgeous antique French mirror, the fourteen-foot ceilings and the wood panelled library. Fully enjoy the warmth of the fireplace and the beautifully wrapped gifts all around.

View the Great Room where the brilliant team at Hilary Miles Flowers has created a Christmas tree masterpiece like no other. The warm winter palette of soft cream, blush to apricot and colours as deep as merlot are blended into the Kitchen and Dining Room along with mixed metals, sparkling candle light and decadent cakes & cookies.

Continue for a glimpse into the master suite and down the curved staircase to the lower level. Find a cozy media room streaming holiday movies, a hot chocolate bar, games room and the kid’s bedrooms. All holiday décor is generously provided by Hudson’s Bay Park Royal.

As you exit, plan to visit the Homes for the Holidays Pop-Up Café next to the pool for a hot beverage and sweet treats, which is generously sponsored by Meinhardt Fine Foods. All proceeds donated to Kids Help Phone!

DECORATED BY
Trish Knight, Trish Knight Design

SUPPLIED BY:
Hilary Miles Flowers
Hudson’s Bay Park Royal
Meinhardt Fine Foods
Hunters Garden Centre

Kids Help Phone would like to thank Hudson’s Bay – Park Royal for their generous seasonal decor support of the 2018 Homes for the Holidays.

Kids Help Phone is a charity. Thanks to the generosity of donors we are always open when young people need us.
A Magical Modern Masterpiece

Approaching this expansive, yet understated modern gem, you are immediately struck by a dazzling array of landscape lights showcasing the many magnolias, dogwoods and Japanese maples lining the drive. Inspired by the movement, flow, energy and natural beauty of the West Coast landscape, this visual connection and extension to the outdoors is maintained through the use of architectural elements including large expanses of glass and retractable patio doors. As you draw nearer, a captivating display of festive twinkling lights emanates from within, welcoming you inside. It is a perfect backdrop to feature GardenWorks décor punctuated throughout.

This space is calm, warm and even cozy, despite its open design. Variegated bluestone accent walls add visual interest, as do a variety of woods such as walnut, oak, ash and fir. The materials, together with supple leathers, richly textured fabrics, and multiple layers of soft, but strong, neutral palettes of white, taupe, warm grays, silver, bronze and charcoal are repeated throughout. Tones and materials are mixed with organic lines and patterns, soft metallics and high pile yarns, providing a wide variety of textures, richness and depth. These elements are repeated and reflected in the holiday décor, but perhaps more dramatically in a multiple tree display, featured in cohesive harmony over three levels of the house. Thanks to the amazing botanic arrangements of West Van Florist, the stunning dining table-scape will be one to remember!

Decorated by
Kirsten Price Markulin,
KPM Design Studio

Supplied by:
West Van Florist Home & Garden
GardenWorks
CF Interiors
Eminence Organic Skincare
Artwork by Cori Creed
Hunters Garden Centre

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GOOD FOOD BRINGS PEOPLE TOGETHER.

During the holiday season, Meinhardt Fine Food brings communities together through food, heritage and the spirit of giving – with requiem gift boxes stuffed with the flavours of Europe meant to share and meal preparation that lets people spend more time with their friends and families. “The holidays, being a time where we like to spend a lot of time with friends and family, our gift boxes are really designed for somebody who’s wanting to share it,” said General Manager Michael Meinhardt. The Holidays are about coming together with food and family.

The store features many local gourmet food products, made-in-house baked goods and specialty items imported from Europe. During the holiday season, goods like Dutch Speculaas, shortbread, marzipan, stollen, over 50 types of panettone and house made eggnog are available. After 20 years servicing South Granville and later Downtown Vancouver at the Pacific Centre, a third location opened in West Vancouver at 1350 Marine Drive this summer. The Ambleside location is the only company on the North Shore to carry Sugarfina products. Sugarfina, a candy boutique for adults, creates goodies like rosé gummies and artisanal chocolates sourced from around the world, which come in beautifully wrapped packages.

In anticipation of the winter holidays, Ambleside Store Manager Nicolai Boleslavsky has ordered a range of wintry flavours to stock the store’s shelves. “It’s really bringing a European shopping experience to the consumer,” Meinhardt added.

The locals who come to Meinhardt, Boleslavsky explained, have often travelled and come to seek out the flavours of their favourite destinations that they can’t find elsewhere. Like the South Granville location, which has attracted loyal customers over the years, at the Ambleside location he sees many of the same faces and has made a deep connection with the community. The new storefront includes an upscale café and patio, coffee bar and artisanal ice cream with rotating seasonal flavours—in keeping with the holiday spirit of bringing people together over good food.

Celebrating the Holidays with Meinhardt
Roasted Beet & Citrus Salad

This bright, fresh salad—pictured below—is sure to add easy elegance to your Holiday dinner. The Roasted Beet and Citrus Salad features toasted hazelnuts and mint with a lemon dressing. Here’s how to make it at home:

Yields 6-8 portions

BEETS
- 6 golden baby beets
- 6 rainbow baby beets
- 6 red baby beets
- 1 cup apple cider vinegar
- 1 cup sugar
- 1.5 cup boiling water
- 3 small sprigs of rosemary
- 3 garlic cloves

1. Combine picking liquid into a large jug.
2. In the three small pots, divide the beets, placing 6 in each. Keep the same colours together.
3. Divide the picking liquid into the pots with the beets until beets are submerged. Place on the stove and simmer on low for about 30 to 40 minutes.
4. Cool the beets in the liquid, then peel.
5. Strain the cooking liquid into a jar or bowl. Cut the beets into 1/4s and return them back into their corresponding liquid.
6. Cover and cool in the fridge.

NOTES:
*These beets may be prepared up to two weeks before use.
**Double or even triple the recipe if you would like to have fresh pickled beets on hand for an easy addition to any salad.
***To simplify things, just choose one type of beet. Yellow beets have a much more mellow flavour and won’t stain your fingers during the cooking and cleaning process.

LEMON DRESSING (Whisk all ingredients together)
- 4 lemons zested and juiced
- 3 tbs. honey
- 1 tsp salt
- 1 cup apple cider vinegar
- 6 red baby beets
- 6 rainbow baby beets
- 6 golden baby beets

Pasta
President’s Choice Black Label Pumpkin Ravioli
1. Bring a large pot of water to a boil, season well with salt.
2. Add the pasta and cook for no more than three minutes, until the pasta has heated through.
3. Drain the pasta.
4. Place pasta back into pot, take pot off heat and add the pesto and butter, gently folding the sauce around the pasta.
5. Serve on a flat platter and top with the roasted squash and shaved parmesan.
6. Drizzle with olive oil or truffle oil if desired.

ARUGULA SAGE PESTO
- 1 cup Arugula
- 4 cloves Garlic
- 1/2 cup Pumpkin Seeds
- 2 cups Olive Oil
- 1 Tsp Pepper
- 2 Tsp Salt
- 2 Lemons, juiced
- 1/2 cup Parsley
- 1/2 cup Sage
- 1/2 cup Basil
- 1 Tsp Salt
- 1/2 cup Sage
- 1/2 cup Basil

Yields 6‑8 portions

1. Peel and dice the butternut into 1” x 1” cubes
2. Toss in olive oil salt and pepper.
3. Spread onto a baking sheet lined with parchment paper.
4. Bake at 350 Degrees for 25‑30 minutes until golden brown.

PASTA
- President’s Choice Black Label Pumpkin Ravioli
- 1/4 cup butter cubed
- Roasted butternut squash
- Arugula pesto

In a food processor:
1. Combine the garlic, pumpkin seeds and 1/2 cup olive oil. Process until finely chopped.
2. Add basil, sage, parsley and arugula with another 1/2 cup of olive oil. Pulse until finely chopped (don’t let the machine run for too long as it will heat up and cause the herbs to turn brown)
3. Add in remaining ingredients and pulse until combined
4. Store in an airtight container in the fridge for up to two weeks, or alternatively, freeze for up to 6 months.

Roasted Butternut
- 2 small heads of butternut (or 1 extra large head)
- Olive oil
- Salt
- Pepper

LEMON DRESSING
- 4 lemons zested and juiced
- 3 tbs. honey
- 1 tsp salt

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2. Strain the cooking liquid into a jar or bowl. Cut the beets into 1/4s and return them back into their corresponding liquid.
3. Cover and cool in the fridge.

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The West lives here. Daily.

1. Carol at home with family and friends and make sure to capture it on video or take pictures so you can look back on those winter nights filled with festive songs over the years and conjure memories.

2. Look for ornaments to make your home festive, merry and bright. Bake sugar cookies embossed with your family initials and share them with your neighbourhood in an evening soiree. Express your thanks for each other—place family names in a hat and take turns removing each person’s name. Out loud, announce something you appreciate or cherish about that person.

3. Create an ornament every year like a nutcracker, a glass ornament or a pinecone wreath. These can be labelled with the year or photos placed inside.

4. Go to a soup kitchen and serve a hot meal to those in need during the coldest time of the year. The recipient of your kindness will not only be appreciative, it’s also a wonderful example to show your children the importance of giving back.

5. Fill a shoebox with children’s novelties, and drop them off at the nearest transition house or community center.

6. Serve a traditional dinner and invite a special guest to your table for the holidays. More people than you think are lonely during the holidays with no one to celebrate with. Seek them out and warm those who would not otherwise have a seat at the dinner table.

7. Donate to your favourite charity. You can make this a yearly tradition and family members can elect to choose a different charity or continue to give to the same organization annually. Every family tradition is unique, and perfection isn’t important. Far more important is the experience you share with your family, the legacy, memories and warmth that you create and bestow on the younger generations. Home is where the heart is and nowhere can it be better expressed and experienced than at this wonderful time of year. Happy Holidays to your family and friends!

For more holiday décor inspiration, follow Bianca Fusco Zanatta on Facebook, Instagram or visit www.zanattahomes.com.

Often these traditions demonstrate the importance of a nurturing family, customs, formality, observance and practice, solidifying a sense of belonging to a culture, a community, or a nation. Building traditions still is a wonderful way to connect with people, which authenticate the importance of memories and history. Reminiscences such as making an old family recipe evoke emotions and a sense of comfortable recognition that gives us a sense of place.

What are some ways of creating a family tradition? Here’s where you can start.

FAMILIES AROUND THE WORLD CELEBRATE THE HOLIDAY SEASON WITH TRADITIONS HANDED DOWN OVER MANY GENERATIONS, SOME WITH ROOT IN ANTIQUITY AND OTHERS BEING CREATED EVERY DAY.
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